

DREAM COACH™ INTAKE FORM



NAME:	BEST NUMBER(S) TO REACH ME AT:
ADDRESS:	FAX NUMBER:
DATE:	E-MAIL:

SECTION 1: HOW COACHABLE ARE YOU?

1. Have you been coached formally or informally? When?

2. What has worked when you were coached in the past?

3. On a scale of one to ten (with ten being the optimum), how coachable do you feel right now?

4. How can you be more coachable and open at this time?



SECTION 2: HOW CAN A DREAM COACH™ BENEFIT YOU?

5. What do you want to make sure you get from this coaching relationship?

6. How do you want your coach to be with you?

7. What motivates you to action when you are stuck?

8. Why have you hired a Certified Dream Coach™?



SECTION 3: WHAT ARE YOUR DREAMS?

9. Share a dream that you have accomplished that you feel proud of.

10. Share a dream you pursued that either failed or you gave up.

11. Name a dreamer or visionary whom you admire and why.

12. As a child, what is something you always dreamed of doing or being?



13. If money or time were not an issue, what would you do?

SECTION 4: WHO ARE YOU?

14. What is your personal background?

15. In your personal life, how would you rate yourself? One needs improvement and five is the optimum.

1 2 3 4 5

16. What is your professional background?

17. In your professional life, how would you rate yourself? One needs improvement and five is the optimum.

1 2 3 4 5

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18. What areas do you need improvement in?

19. What are your Values? Please circle three qualities that you like and appreciate about yourself or create your own in the space provided.

Risk	Be Aware	Family
Experiment	Be Compassionate	To Teach
Venture	Beauty	Educate
Encourage	Radiance	Enlighten
Energize	Taste	To Experience
Influence	Serve	To Be Present
Design	Facilitate	Empathize
Create	Improve	Accomplish
Invent	Learn	Prevail
Inspire	Discover	Acquire
Guide	Realize	To Unite
Lead	Master	Have Pleasure
Have Fun	Expert	
Experience Bliss	Superiority	
Be Spiritual	To Relate	



20. What are your Needs? Please circle three things you need to feel good about yourself or create your own in the space provided.

Be Accepted	Protected	Appreciated
Be Popular	To Accomplish	Complimented
Respected	Profit	Honored
Be Loved	Achieve	Treasured
Cherished	Understood	Embraced
Be Liked	Not Mistaken	Given Attention
Clarity	Luxury	Be Heard
Accuracy	Prosperity	Share
Certainty	Please Others	Talk
Manage	Improve	Do The Right Thing
To Control	Be Needed	Be Devoted
Correct	Integrity	Have A Cause
Autonomous	Loyalty	Perfection
Self-reliant	Honesty	Consistent
Liberated	Power	Be Noticed
Unity	Authority	Recognized
Peace	Strength	Remembered
Balance	Be Busy	
Safety	Responsibility	
Security	Performance	